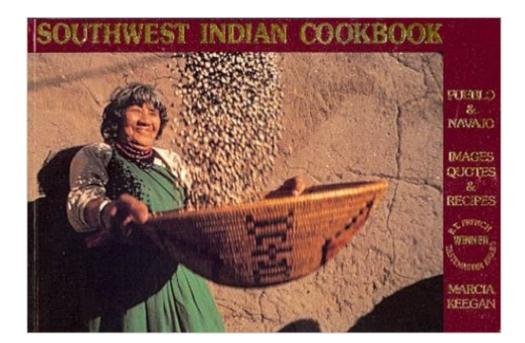
The book was found

Southwest Indian Cookbook





Synopsis

This richly descriptive book includes recipes and folklore about the preparation of food by Southwest Indians. A bestselling favorite, which delights the palate and the eye, this cookbook ventures beyond mere recipes into the hearts and souls of the Pueblo and Navajo Indians. In these native cultures, the growth of food and its preparation are intimately tied to religious ceremony. The forty-four full-color photographs depict rituals, dances and ceremonies connected with the planting and gathering of crops, together with scenes of home life showing preparation of food. Accompanying text is drawn from quotations of the author s Pueblo and Navajo friends, illuminating the beliefs and rituals that are inseparable from daily life.

Book Information

Paperback: 120 pages Publisher: Clear Light Pub; Revised edition (September 1, 1987) Language: English ISBN-10: 0940666030 ISBN-13: 978-0940666030 Product Dimensions: 9 x 0.4 x 5.9 inches Shipping Weight: 9.1 ounces (View shipping rates and policies) Average Customer Review: 4.8 out of 5 stars Â See all reviews (11 customer reviews) Best Sellers Rank: #258,749 in Books (See Top 100 in Books) #15 in Books > Cookbooks, Food & Wine > Regional & International > Native American #72 in Books > Cookbooks, Food & Wine > Regional & International > U.S. Regional > Southwest #100 in Books > Cookbooks, Food & Wine > Asian Cooking > Indian

Customer Reviews

This my favorite cookbook covering Pueblo and Navaho foods. Not only are the recipies delicious and authentic, but the many photographs of the people and the landscape of the southwest, along with their words, has produced a small but beautiful book that displays the recipies within the context of the land and cultures.

Long before I ever ventured into the Southwest (I did, eventually, to live & work), I brought this little cookbook home to add to my collection. Over the years I cooked it ragged, then loaned it to a friend. It has never come home, so I am absolutely delighted to find a replacement. This book is full of gorgeous photos and easy, tasty recipes for authentic Southwestern foods. You'll find good food

and enjoyment here for years to come.

I ordered this cook book as a gift for a friend. I looked at the book, and I liked it. She really appreciated it, as it had history and customs of her culture. the pictures brought back a lot of memories for her. I thought the recipes looked delicious. I hope she prepares some to share with friends! I know she will make some for her family.

Marcia Keegan's Southwest Indian Cookbook wonderfully showcases Pueblo and Navajo recipes enhanced with beautiful photographic images and thematically appropriate quotes. From Potato and Tomato Cream Soup; Skillet Squash; and Taos Rabbit; to Pueblo Venison Stew; Indian Fry Bread; and Navajo Cake, the Southwest Indian Cookbook is a fitting culinary tribute to Native American cuisine and would grace any multicultural kitchen cookbook collection.

The litmus test: ANY cookbook that purports to have authentic southwestwern Indian recipes (Navajo, Hopi, Zuni, etc.), MUST have an accurate recipe for Navajo fry bread and mutton stew. This book has both, which attests to its legitimacy. It's also beautifully illustrated.

Recipes are simply laid out and intertwined with culture and history of the food. A beautiful book. A friend of mine wanted one after seeing mine. And she is an outstanding cook of Mexican heritage.

Download to continue reading...

Indian Cooking: for Beginners - Indian Recipes Cookbook 101 - Indian Cuisine - Indian Culinary Traditions (Indian Food Recipes - Indian Food Cookbook for Beginners) Shrubs and Trees of the Southwest Uplands (Popular series - Southwest Parks and Monuments Association ; no. 19) Canoe and Kayak Routes of Northwest Oregon and Southwest Washington, 3rd Edition: Including Southwest Washington Southwest Indian Cookbook The Book of Indian Crafts and Indian Lore: The Perfect Guide to Creating Your Own Indian-Style Artifacts American Indian Cooking: Recipes from the Southwest Foods of the Southwest Indian Nations: Traditional and Contemporary Native American Recipes Native American Cooking: Foods of the Southwest Indian Nations Indian Takeout Cookbook: Favorite Indian Food Takeout Recipes to Make at Home Entice With Spice: Easy Indian Recipes for Busy People [Indian Cookbook, 95 Recipes] Easy Indian Cookbook: The Step-by-Step Guide to Deliciously Easy Indian Food at Home Indian Home Cooking: A Fresh Introduction to Indian Food, with More Than 150 Recipes Indian Cooking Unfolded: A Master Class in Indian Cooking, with 100 Easy Recipes Using 10 Ingredients or Less American Indian Jewelry I: 1200 Artist Biographies (American Indian Art Series) Southwestern Indian Baskets: Their History and Their Makers (Studies in American Indian Art) California Indian Baskets: San Diego to Santa Barbara and Beyond to the San Joaquin Valley, Mountains and Deserts (Indian Baskets of California and Oregon, Vol. II) Corn Is Our Blood: Culture and Ethnic Identity in a Contemporary Aztec Indian Village (The Civilization of American Indian Series, Vol 206) The Dawes Act and the Allotment of Indian Lands (The Civilization of the American Indian Series) American Indians and the Law: The Penguin Library of American Indian History (Penguin's Library of American Indian History) A Rasa Reader: Classical Indian Aesthetics (Historical Sourcebooks in Classical Indian Thought)

<u>Dmca</u>